



COMMUNITY HOUSE LAPPEENRANTA SPRING PROGRAMME 2026

All of our activities are free of charge.

**We will announce any possible changes
on our social media channels.**



Instagram:
yhteisotalo_lappeenranta



Facebook:
yhteisotalolappeenranta





Yhteisötaalo



Tyttöjen tila



Muu järjestäjä



Naapuriäidit



Parenting ABC

on Monday 9.3., 23.3. and 20.4. &
Tuesday 7.4. from 10 to 12

The workshops provide tools for the everyday challenges you face as a parent. The aim is to support the child's positive development by strengthening the relationship between the child and the parent in daily life.

More info and registration:
marjaana.peronmaa@mll.fi

Organizer: MLL Kaakkois-Suomen piiri

Grandmothers for Peace

on Monday 26.1., 23.2., 30.3., 27.4.
and 25.5. from 17 to 19

All who care about peace and the preservation of life on Earth are welcome to join us, regardless of age, gender, or ethnic background.

More info: rauhanisoaidit@gmail.com

Peer group activity

Adult's Finnish Language Group

on Mondays from 15 to 16.30
12.1.-25.5. (not on 24.2. and 6.4.)

In the group, everyday Finnish is practiced through speaking, playing, writing and reading. The group is suitable for Finnish language learners of all levels.

More info: leena.tervonen@gmail.com

Organizer: Luetaan yhdessä -verkosto

Father's Advocating for Children - Peer Support Group

on Monday 12.1., 2.2., 9.3., 27.4. and 18.5.
from 19.15 to 21.15

The discussions are led by a trained volunteer, and everyone affected by parental alienation or custody-related conflicts is warmly welcome to join - whether you are a parent, grandparent, or another close relative.

Registrations: ilmot@isatlastenasialla.fi

Organizer: Isät lasten asialla ry

MLL Family Cafe

on Mondays from 17 to 18.30
12.1.-25.5.

The family café is free and open to all families with children. It provides an opportunity for families to spend quality time together, connect with others, and enjoy fun and engaging activities.

More info: eveliina.siitonen@mll.fi

Organizer: MLL Lappeenrannan yhdistys

Young Mothers

on Tuesdays from 10 to 12
3.2.-26.5.

A relaxed and cozy meeting place for expecting parents and mothers under 25 with their children. Coffee, tea, and snacks are available, along with fun volunteer-led activities.

More info: Riikka p. 044 771 4721

Organizer: Tyttöjen Tila/Nicehearts ry &
MLL LPR:n yhdistys

MLL Baby Cafe

on Tuesdays from 13 to 15
13.1.-26.5. (not on 25.2.)

The Baby Cafe is a meeting place for expecting parents and families with babies, where you can make new friends through socializing, relaxed conversation, and playtime.

More info: eveliina.siitonen@mll.fi

Organizer: MLL Lappeenrannan yhdistys

Story Theatre

the first and second Tuesday & third and fourth Wednesday of the month
from 17 to 19 13.1.-27.5.

The group is open to anyone interested in story theatre. The sessions are conducted in English and Russian

More info:

valentine.mukundwa@nicehearts.com

Activities coordinated by Neighbourhood Mothers/Nicehearts ry

Girls' Space

Multicultural Group

every other Tuesday from 16 to 18
13.1.-19.5.

A group targeted at girls/women aged 15-28 who have moved to Finland, taking into account gender diversity and self-identification. Main languages: Finnish and English.

More info: Tiia p. 044 748 6403

Organizer: Tyttöjen Tila/Nicehearts ry

MLL leikkimummola

on Tuesday 27.1., 24.2., 31.3., 28.4. &
26.5.
from 17.30 to 18.30

At Leikkimummola, the whole family can play and be active together with MLL's volunteer grandmas.

More info: eveliina.siitonen@mll.fi

Organizer: MLL Lappeenrannan yhdistys

International House Living Room

on Tuesday 17.2., 17.3., 14.4. & 12.5.
from 16 to 19

Come join us to share thoughts and meet new people over a cup of coffee.

More info: kosborne560@gmail.com

Organizer: International House Etelä-Karjala ja LABeko 2

Morning Coffee Corner

on Wednesdays from 9.30-11
28.1.-27.5. (not on 25.2.)

An open group for everyone. We offer coffee, tea, porridge, and conversation.

More info:

sanna.peronmaa@nicehearts.com

Organizer: Yhteisötaalo LPR/Nicehearts ry

Café & Crochet

every other Wednesday from 14.30 to 17
14.1.-20.5.

Women's knitting and crochet group.
The group is open to all women.

More info:
valentine.mukundwa@nicehearts.com

Activities coordinated by Neighbourhood
Mothers/Nicehearts ry

Girls' Space Open Living Room

on Thursdays from 16 to 18
15.1.-28.5.

A relaxed, cozy, and safe space for girls
and young women aged 12-28, taking
gender diversity and self-identification
into account.

More info: Riikka p. 044 771 4721

Organizer: Tyttöjen Tila/Nicehearts ry

LGBTQ+ Youth Evening

on Wednesdays from 18 to 20
14.1.-27.5.

Evening for LGBTQ+ youth and young
adults. Free hangout and activities
based on participants' wishes.

More info: Anniina p. 044 768 6006

Organizer: Tyttöjen Tila/Nicehearts ry ja
LPR Pride

Game Group

on Thursdays from 17 to 21
8.1.-28.5.

On our group we play miniature games
and Magic The Gathering card games.

More info: lprfigukilta@gmail.com

Organizer: Etelä-Karjalan
miniatyyrikilta Lappeenranta

Afternoon Coffee Corner

on Thursdays from 14 to 15-30
22.1.-28.5. (not on 12.2., 26.2. & 14.5.)

An open group for everyone. We offer
coffee, tea and snacks. Occasionally,
themed activities are offered as well.

More info:
sanna.peronmaa@nicehearts.com

Organizer: Yhteisötila LPR/Nicehearts ry


Girls' Space Neurodivergent Cafe

on Fridays from 12 to 13.30
16.1.-29.5.

For girls and young women aged 16-28
who identify as neurodivergent.
Casual activities and relaxed
conversation.

More info: Riikka p. 044 771 4721

Organizer: Tyttöjen Tila/Nicehearts ry

-  Yhteisöotalo
  Tyttöjen tila
 Muu järjestäjä
  Naapuriäidit

New Roots

every other Friday from 15 to 17
23.1.-29.5.

The group is intended for
immigrant women.

More info:

valentine.mukundwa@nicehearts.com

Activities coordinated by Neighbourhood
Mothers/Nicehearts ry

Women's Yoga

on Saturdays from 10 to 11 / 17.1.-30.5.

Welcome to promoting your overall well-
being.

More info:

valentine.mukundwa@nicehearts.com

Activities coordinated by Neighbourhood
Mothers/Nicehearts ry

Ukrainian-language Family Group for kids in primary school and their parents

on Saturdays from 14.30 to 16 / 17.1.-30.5.

In the group, we read, write, play, and sing in
Ukrainian.

More info: ukrainalaiset.lpr@gmail.com

Organizer: Lappeenrannan seudun
ukrainalaiset ry

Kohtaa mut -kahvila

on Friday 9.1., 13.2., 13.3., 10.4., 8.5. & 12.6.
from 17 to 19

The activities are aimed at young people
and adults with developmental
disabilities or similar support needs for
other reasons.

More info:

susanna.rintamaki@tukiliitto.com

Organizer: Kehitysvammaisten
tukiliitto ry

Childbirth Discussion Afternoons

on Saturday 14.2., 14.3., 11.4. & 16.5.
from 15 to 17

Conversations about childbirth and related
themes.

More info: kaisa.viskaril@gmail.com

Organizer: Doula Kaisa Viskari

'Elämä omaksi' Project Experiential Facilitator Training

on Saturday 24.1., 21.2., 21.3., 18.4. & 9.5.
from 10 to 16

(the registration has ended)

Organizer: Kehitysvammaisten tukiliiton
Kaakkois-Suomen Elämä omaksi -
hanke

Sewing LANs

on Sunday 18.1., 1.3., 5.4. & 17.5.
from 14.30 to 18.30

Sewing LANs are an event for people aged
15 and up, where you can work on your own
crafts with your own tools and materials, in
the relaxed company of others. In potluck
style, we can make coffee and tea together.

More info: Auli p. 040 745 5683

Peer group activities