



COMMUNITY HOUSE LAPPEENRANTA SPRING PROGRAMME 2026

All of our activities are free of charge.

**We will announce any possible changes
on our social media channels.**



Instagram:
yhteisotalo_lappeenranta



Facebook:
yhteisotalolappeenranta





**Community
House LPR**



Girl's Space



**Other
organizer**



**Neighbourhood
Mothers**



Parenting ABC

on Monday 9.3., 23.3. and 20.4. &
Tuesday 7.4. from 10 to 12

The workshops provide tools for the everyday challenges you face as a parent. The aim is to support the child's positive development by strengthening the relationship between the child and the parent in daily life.

More info and registration:
marjaana.peronmaa@mll.fi

Organizer: MLL Southeast Finland
District

Grandmothers for Peace

on Monday 26.1., 23.2., 30.3., 27.4.
and 25.5. from 17 to 19

All who care about peace and the preservation of life on Earth are welcome to join us, regardless of age, gender, or ethnic background.

More info: rauhanisoaidit@gmail.com

Peer group activity

Adult's Finnish Language Group

on Mondays from 15 to 16.30
12.1.-25.5. (not on 23.2. and 6.4.)

In the group, everyday Finnish is practiced through speaking, playing, writing and reading. The group is suitable for Finnish language learners of all levels.

More info: leena.tervonen@gmail.com

Organizer: Let's read together network

Father's Advocating for Children - Peer Support Group

on Monday 12.1., 2.2., 9.3., 27.4. and 18.5.
from 19.15 to 21.15

The discussions are led by a trained volunteer, and everyone affected by parental alienation or custody-related conflicts is warmly welcome to join – whether you are a parent, grandparent, or another close relative.

Registrations: ilmot@isatlastenasialla.fi

Organizer: Isät lasten asialla ry

MLL Family Cafe

on Mondays from 17 to 18.30
12.1.-25.5. (not on 23.2.)

The family café is free and open to all families with children. It provides an opportunity for families to spend quality time together, connect with others, and enjoy fun and engaging activities.

More info: eveliina.siitonen@mll.fi

Organizer: MLL association of LPR

Young Mothers

on Tuesdays from 10 to 12
3.2.-26.5.

A relaxed and cozy meeting place for expecting parents and mothers under 25 with their children. Coffee, tea, and snacks are available, along with fun volunteer-led activities.

More info: Riikka p. 044 771 4721

Organizer: Girl's Space/Nicehearts ry &
MLL association of LPR

MLL Baby Cafe
on Tuesdays from 13 to 15
13.1.-26.5. (not on 24.2.)

The Baby Cafe is a meeting place for expecting parents and families with babies, where you can make new friends through socializing, relaxed conversation, and playtime.

More info: eveliina.siitonen@mll.fi

Organizer: MLL association of LPR

MLL leikkimummola
on Tuesday 27.1., 24.2., 31.3., 28.4. &
26.5.
from 17.30 to 18.30

At Leikkimummola, the whole family can play and be active together with MLL's volunteer grandmas.

More info: eveliina.siitonen@mll.fi

Organizer: MLL association of LPR

**International House
Living Room**
on Tuesday 17.2., 17.3., 14.4. & 12.5.
from 17 to 19

Come join us to share thoughts and meet new people over a cup of coffee.

More info: kosborne560@gmail.com

Organizer: International House Etelä-Karjala ja LABeko 2

Morning Coffee Corner
on Wednesdays from 9.30-11
28.1.-27.5. (not on 25.2.)

An open group for everyone. We offer coffee, tea, porridge, and conversation.

More info:
sanna.peronmaa@nicehearts.com

Organizer: Community House
LPR/Nicehearts ry

Story Theatre
the first and second Tuesday & third and
fourth Wednesday of the month
from 17 to 19 13.1.-27.5.

The group is open to anyone interested in story theatre. The sessions are conducted in English and Russian

More info:
valentine.mukundwa@nicehearts.com

Activities coordinated by Neighbourhood Mothers/Nicehearts ry

Café & Crochet
every other Wednesday from 14.30 to 17
14.1.-20.5.

Women's knitting and crochet group. The group is open to all women.

More info:
valentine.mukundwa@nicehearts.com

Activities coordinated by Neighbourhood Mothers/Nicehearts ry

LGBTQ+ Youth Evening
on Wednesdays from 18 to 20
14.1.-27.5. (not on 25.2.)

Evening for LGBTQ+ youth and young adults. Free hangout and activities based on participants' wishes.

More info: Anniina p. 044 768 6006

Organizer: Girl's Space /Nicehearts ry & LPR Pride

Game Group

on Thursdays from 17 to 21
8.1.-28.5.

On our group we play miniature games and Magic The Gathering card games.

More info: lprfigukilta@gmail.com

Organizer: Etelä-Karjalan
miniatyyrikilta Lappeenranta

Afternoon Coffee Corner

on Thursdays from 14 to 15-30
22.1.-28.5. (not on 12.2., 26.2. & 14.5.)

An open group for everyone. We offer coffee, tea and snacks. Occasionally, themed activities are offered as well.

More info:
sanna.peronmaa@nicehearts.com

Organizer: Community House
LPR/Nicehearts ry

Girls' Space

Neurodivergent Cafe

on Fridays from 12 to 13.30
16.1.-29.5. (not on 27.2. and 3.4.)

For girls and young women aged 16-28 who identify as neurodivergent. Casual activities and relaxed conversation.

More info: Riikka p. 044 771 4721

Organizer: Girl's Space/Nicehearts ry

Girls' Space Open Living Room

on Thursdays from 16 to 18
15.1.-28.5.(not on 26.2. and 14.5.)

A relaxed, cozy, and safe space for girls and young women aged 12-28, taking gender diversity and self-identification into account.

More info: Riikka p. 044 771 4721

Organizer: Girl's Space/Nicehearts ry

New Roots

every other Friday from 15 to 17
23.1.-29.5. (not on 1.5.)

The group is intended for immigrant women.

More info:
valentine.mukundwa@nicehearts.com

Activities coordinated by Neighbourhood Mothers/Nicehearts ry

Kohtaa mut -kahvila

on Friday 9.1., 13.2., 13.3., 10.4., 8.5. & 12.6.
from 17 to 19

The activities are aimed at young people
and adults with developmental
disabilities or similar support needs for
other reasons.

More info:
susanna.rintamaki@tukiliitto.com

Organizer: Kehitysvammaisten
tukiliitto ry

Sri Lankan dance group

on Fridays from 17.30 to 19.30 / 16.1.-29.5.

This group is open to everyone
and focuses on Sri Lankan dances.

More info: Amila p. 041 576 4118

Peer group activity

‘Elämä omaksi’ Project Experiential Facilitator Training

on Saturday 24.1., 21.2., 21.3., 18.4. & 9.5.
from 10 to 16

(the registration has ended)

Organizer: Kehitysvammaisten tukiliiton
Kaakkois-Suomen Elämä omaksi -
hanke

Women's Yoga

on Saturdays from 10 to 11 / 17.1.-30.5.
(not on 28.2. and 4.4.)

Welcome to promoting your overall well-
being.

More info:
valentine.mukundwa@nicehearts.com

Activities coordinated by Neighbourhood
Mothers/Nicehearts ry

Ukrainian-language Family Group for kids in primary school and their parents

on Saturdays from 14.30 to 16 / 17.1.-30.5.

In the group, we read, write, play, and sing
in Ukrainian.

More info: ukrainalaiset.lpr@gmail.com

Organizer: Lappeenrannan seudun
ukrainalaiset ry

Childbirth Discussion Afternoons

on Saturday 14.2., 14.3., 11.4. & 16.5.
from 15 to 17

Conversations about childbirth and related
themes.

More info: kaisa.viskaril@gmail.com

Organizer: Doula Kaisa Viskari

Sewing LANs

on Sunday 18.1., 1.3., 5.4. & 17.5.
from 14.30 to 18.30

Sewing LANs are an event for people aged
15 and up, where you can work on your
own crafts with your own tools and
materials, in the relaxed company of
others. In potluck style, we can make
coffee and tea together.

More info: Auli p. 040 745 5683

Peer group activities