



Vantaa

# Girls' Space's

spring 2026

(starting on Jan 12th)

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## Young Mothers from 13-15

For mothers under the age of 28 and their children

tue

## Tuesdays at Girls' Space from 16-18

for 10-28 year-olds

wed

## Wednesdays at Girls' Space from 15-17

for 10-28 year-olds

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## Vantaa Queer Space from 16-19

For 16-29 year-olds, in "Liito" (Lummetie 2)

## SEXUAL COUNSELLING (online) - Anniina

By appointment: p. 044 768 6006 or  
anniina.kaljunen@nicehearts.com

## SEXUAL THERAPY - Päivi

By appointment: ajanvaraus@nicehearts.com

**Lummetie 2A  
4th floor  
Tikkurila  
Vantaa**

Vantaa Girls' Space is a relaxed meeting place in Tikkurila for girls and young women aged 10-28, with gender diversity and respect for self-determination. Everyone is welcome to join in just as they are.

At Tyttöjen Space you can come and spend time, meet new people and take part in a variety of guided activities and try new crafts and hobbies.

Girls' Space also has a sexual therapist and a sexual counsellor, whom you can see by appointment if you have questions or would wish to discuss anything about sexuality.

If you wish, you can also book an introduction to find out more about what we do.

**For more information: Sanna Heikkinen  
p. 050 366 7994 or [sanna.heikkinen@nicehearts.com](mailto:sanna.heikkinen@nicehearts.com)**

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- Girls' Space's groups does not require signing up, unless indicated otherwise
- You can also join in during groups at any time
- All our groups are free of charge
- Our groups observe safer spaces guidelines
- We reserve the right to limit the amount of participants that are in each group so that groups do not become too crowded and all participants can feel at ease
- Cancellations will be announced via Instagram and also our website
- Unfortunately our facilities are not fully accessible, please contact us if you wish to know more!

## Welcome to our activities!



VANTAANTYTTOJENTILA



VANTAAN TYTTÖJEN TILA



VANTAANTYTTOJENTILA

[WWW.NICEHEARTS.COM/VANTAA-2/](http://WWW.NICEHEARTS.COM/VANTAA-2/)



TYTTÖJEN  
TILA

